

There's hope. There's help.º

FOR IMMEDIATE RELEASE

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NEW BEHAVIORAL HEALTH FACILITY OPENS TO SERVE VANCOUVER AND SURROUNDING REGION

Rainier Springs delivers adult inpatient/outpatient mental health and substance abuse treatment to Vancouver, Washington and surrounding region.

(Note to editor: Photo and interview opportunities are immediately available)

(Vancouver, Wash.) – Bordering Salmon Creek, <u>Rainier Springs</u>, a new comprehensive behavioral health facility opens for patients today, Wednesday, October 3. The <u>hospital provides</u> critically needed addiction treatment and behavioral health services in the area.

"Our treatment model is laser-focused on mutual respect, safety and quality of care," said <u>Rainier Springs</u> Chief Executive Officer, Gary Peterson. "We are creating pathways of care that are data-driven and based on best practices. Addiction and mental health are major issues in this community. Rainier Springs wants to be part of the solution, and we are eager to provide the help that our region so deserves."

Recent data show 1,131 Washingtonians died by suicide in 2016, an increase of as much as 25 percent over the previous year. Washington currently ranks 49th in the U.S. for the number of inpatient psychiatric beds – eight – available per 100,000 residents. And about one in four Washington residents met criteria for a mental health disorder (such as schizophrenia, bipolar disorder and depression).

The model of care at Rainier Springs focuses on:

- Emergency room utilization avoidance
- Every day, round-the-clock access to care
- Decreasing readmissions and more advanced utilization management
- Opioid addiction (and all other addictive medications) coverage
- Enhanced outpatient medication management
- Tele-health services and consultations for rural and underserved areas
- Continuum of care delivery for value-based behavioral health services

Peterson notes intake, assessments and telephone triage are available round-the-clock, 365 days per year. "Patients can also do a self-assessment, which helps both providers and the patient check into their own perceptions and also guide the patient's custom treatment plan." He adds they rigorously measure both staff and patient satisfaction so services are responsive and continuously improved.

Rainier Springs will provide <u>as many as 350 jobs</u>, ranging from physicians to licensed therapists and nurses to counselors and a full range of support team members. Peterson notes the warm reception he and his staff have received from other health care providers and community partners.

The attractive facility, located at 2805 N.E. 129th Street in Vancouver, offers 53,278 square feet of treatment and support space. Its secure, peaceful accommodations feature comfortable patient rooms, warm and welcoming interior spaces, outdoor and fitness areas, a modern cafeteria with varied menus and nutritious offerings, and classrooms and meeting spaces. The innovative space is designed to promote safety and healing for our patients and their families.

Patients will be accepted beginning Wednesday, Oct. 3.

Said Peterson, "We are fully staffed and licensed to care for individuals with a wide range of diagnoses. We exist to fill a gap, for intensive care and services. We are focused on quality and safety within a very respectful environment."

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About Rainier Springs

A part of Springstone, Inc., Rainier Springs is a newly constructed behavioral health facility situated on a private wooded lot overlooking Salmon Creek near I-205 in Vancouver, Washington. The facility, which is located at 2805 N.E. 129th Street, opens on October 3, 2018 with 72 inpatient beds to treat those who are suffering from mental health and substance abuse issues. Services include full and partial hospitalization, outpatient care and services, addiction treatment, counseling, peer support and medication management. Confidential patient assessments are available 24/7. Most insurances are accepted. For more information, visit RainierSprings.com.

You can friend and follow Rainier Springs at www.facebook.com/RainierSprings/ or www.facebook.com/RainierSprings/ or www.facebook.com/RainierSprings/ or <

About Springstone, Inc.

Springstone, Inc. is a developer and operator of behavioral health hospitals. The company, based in Louisville, Kentucky, provides mental health and substance abuse treatment to adults and adolescents through 16 hospitals located in Indiana, Kansas, Ohio, Arizona, Colorado, Oklahoma, Texas and North Carolina. Each Springstone facility features contemporary architecture, outdoor courtyards and environments designed to nurture patients recovering from mental health and addiction issues. In addition to traditional therapies, Springstone takes a holistic approach to treatment, offering yoga, art, movement and pet therapy and nutritional counseling. For more information, visit Springstone.com.