

Thank you for choosing Rainier Springs as you start your journey of mental wellness and recovery. As you prepare for treatment, please be aware of the items allowed within our hospital. Your safety, the safety of our team and other patients is our number one priority. Please keep the belongings you bring with you very simple.

ITEMS ALLOWED

- 3 sets of clothing and 1 set of nightwear/pajamas (Rainier Springs has washers, laundry soap and dryers available on each treatment unit)
- Underwear
- Socks
- Sport bras
- Books/journals (not spiral)
- Magazines (without staples)
- Wigs – When not in use, placed in paper bag and locked under patient bed
- One pair of shoes without strings, and one pair of slippers
- Wedding bands only
- Two pictures without frames or glass
- One coat (be sure to check certain outdoor jackets for strings that line the bottom inside the jacket such as North Face or Columbia jackets)

Toiletries

- Rainier Springs will provide personal hygiene items such as toothpaste, toothbrushes, deodorant, shampoo and soap

Tobacco

- You may bring one packet of unopened cigarettes; we do not allow vaping or vaping pens.

Valuables (will be stored in a safe in the nursing station)

- Money > \$50
- Credit cards
- Valuable jewelry

Personal items to be stored in a locker in your room

- Cell phones/chargers (can only be used to retrieve phone numbers)
- Religious items (Bible, Rosary, etc...)

ITEMS NOT ALLOWED ON THE UNIT DUE TO SAFETY ISSUES

- Outside food/gum/candy
- Hand-held video games
- Radio/TV/laptop/tablet
- Glass/metal containers
- Aerosol spray/flammable liquids
- Pornographic materials
- Recording devices
- Picture frames
- Spiral notebooks
- Nail polish/files/remover
- Makeup/compacts with mirrors
- Personal hygiene from home (unless medically necessary)
- Luggage/bags
- Shoe laces/belts/strings (sweatshirt, pants etc.)
- Necklaces
- Pantyhose and/or tights
- Electric razors/disposable razors
- Hairdryers/straighteners/curling irons
- Weighted blankets, pillows, stuffed animals
- Weapons of any kind